



Rock & Megan Watson

Army Vets, Foster Parents, Coaches & Entrepreneurs



Local army veterans, Rock and Megan Watson juggled challenging work schedules in the military while raising their now adult kids. The couple has since taken to fostering regularly and has even adopted their now fifth grader from foster care. It's important to them to open their hearts and home to the community. For Rock, coaching has always been a passion. Recently, he serves as the first Varsity Girls' Basketball Coach at Regents School. For Megan, it has been baking. Together, the couple continues to work in the community and have even opened a mobile cake bar, called "Sliced."

What are the best and most challenging parts about your business?

The best part about our job is that we get to do it together. We love spending time with each other. We look at it as the second phase of courtship. The most challenging part for me (Megan) has been sticking to our motto of keeping things simple. This is a part-time business, set up to allow us to be present for our youngest child and any other children who may come into our home through foster care. I (Rock) would have to agree with Megan ... staying true to our motto is what keeps us focused on the big picture.

How do you balance all the different, often conflicting, needs of your community?

The wonderful thing about working together is, you have to prioritize what's important and you have each other to weigh the options. As much as we want to give attention to the many things that are happening in our community, we try our best to stick to what is important to us. Pouring into our family and into our fostering journey absolutely come first. We stand strong on the foundation of our faith and to follow God's teaching "to look after the orphans and the widows in their distress."

What are your hopes for the future? Although I have hopes for the future of seeing our business grow and become a family

affair, I (Megan) try not to think too far ahead because I lose sight of being present for the here and now. I (Rock) definitely hope to have our business grow and someday have a brick and mortar. We hope to employ local foster kids to give them an opportunity to learn important skills that they can help them become more independent and self-sufficient.

What advice do you have for young who are aspiring to help others through their careers?

Don't be in such a rush to figure out your life plan, and be sure to stick with your hobbies. Who knows, you might be able to make a living doing something you truly enjoy.

Do you have advice for their parents?

With so many choices available to young adults, it can be difficult to make a choice and stick with it. Be patient with them, be open to them finding their way. It might take a few stops and starts, but ultimately, you have done a fantastic job raising your children and they'll turn out great.

What is one thing your parents did well that you try to incorporate into your parenting?

(Megan) We sat down to dinner as a family growing up. It probably helped that my mom was and still is a fantastic cook. She cooked foods from different cultures and expanded our palates. We have incorporated sit down dinners in our house. This time at the end of the day gives us an opportunity to reconnect, check-in with each other and share stories of our day. We continue to sit down to dinner every night with our youngest and have weekly family dinners where our adult children join us. I hope the chairs around our table continue to grow in number.



Before switching to capturing the look of love and the inner beauty of her subjects, Beth was a sports photographer with her work appearing in *Sports Illustrated*, *USA Today* and *Pro Cycling*, among other publications. See her work at 3catsphoto.com.

